Spiritual Midwifery | 03a591d6015a0f29be45f1521542a904

The Art of Spiritual Midwifery / Spiritual Midwifery / Coming Home

Great Spiritual Writers

Spiritual Midwifery / From the Hips

Ina May's Guide to Childbirth

Christianity and the Art of Wheelchair Maintenance

The Natural Pregnancy Book, Third Edition

Enhancing Nurses' and Midwives' Competence in Providing Spiritual Care

In Inde Birth

Lady's Hands

Lion's Heart

Magical Beginnings

Enchanted Lives

Holy Listening

Midwifery, Mind and Spirit

Lovie

The Art of Spiritual Midwifery

Territory and Midwifery

Guardianship

Selected Topics in Midwifery

Carolina May's Guide to Breastfeeding

The Midwife Challenge

A Book for Women

A Book for Women in Nursing

The Modern Midwife's Guide to Pregnancy

Birth, and Beyond

Spiritual Midwifery

Sexology in Midwifery

Spiritual Midwifery

Maternal-infant Bonding

Baby Catcher

Delivery

Sacred Pregnancy

Birth Matters

Spirituality and Childbirth

Birth Matters

Midwife for Souls

The Soul Midwives' Handbook

Special Delivery

The Thinking Woman's Guide to a Better Birth

Water Birth

Traces the lives and eventful careers of these expanding groups of professionals as they adapt from the delivery rooms of expensive hospitals to the tenements of the inner cities.

Describes the element of water as a medium for birthing and provides guidelines for couples planning a water birth.

Shares the birthing stories of women who chose to have their babies at home with the help of a midwife, provides information about the safety of techniques used in the hospital before and after birth, discusses postpartum depression and maternal death, and includes resources for doula, birth centers, and other organizations.

Highlighting aspects of birth often taken for granted, ignored or left silenced, this book questions the art and meaning of childbirth. Addressing spirituality in and around the start of life from a variety of thought-provoking perspectives, it examines the apparent paradox of impersonal biomedical-technocratic systems operating alongside the meaningful experiences encountered by those involved. Themes covered include: Notions of holism and spirituality, culture, religion and spirituality, Childbirth significance at societal level, Spiritual care in maternity care provision, Birth environment, mood, space and place, Spiritual experience of all those involved, including health professionals.

Spiritual midwifery is a powerful framework for offering pastoral care in today's fast-paced environment. Midwifery offers ways of thinking about those who are served, the work itself, and what it means to be a clinical caregiver within the tradition of the care of souls. Spiritual midwifery has philosophical and spiritual roots that stem from the earliest seeds of Western thought, even back to Jesus and Socrates. Readers will find an inductive approach toward a conceptual model that offers insight for richer assessments and outcome-oriented goals of care. Part One sets out the metaphors of the midwife and the dialogue. Part Two unpacks the methodology behind the mechanics. Part Three looks at creative applications of midwifery, and is followed by a Symposium patterned after Plato's own Symposium. A rigorous theory remains at the centre of the work, but the tone is poetically balanced enough to invite the transformation of the spiritual caregiver. From the philosophy of Heraclitus to the theology of Kierkegaard and the spiritual direction of Guenther, The Art of Spiritual Midwifery brings forth a comprehensive conception of pastoral care and its delivery.

As an intelligent woman, you are probably used to learning as much as you can before making major decisions. But when it comes to one of the most important decisions of your life—how you will give birth—it is hard to gather accurate, unbiased information. Surprisingly, much of the research does not support common medical opinion and practice. Birth activist Henci Goer provides clear, concise information based on the latest medical studies. The Thinking Woman's Guide to a Better Birth helps you compare and contrast your various options and shows you how to avoid unnecessary procedures, drugs, restrictions, and tests. The book covers: Cesarean facts, Breech babies, Inducing labor, Electronic Fetal Monitoring, Rupturing Membranes, Coping with slow labor, Pain medication, Episiotomy, Vaginal birth after a C-section, Baby Catcher, Delivery, Sacred Pregnancy, Birth Matters, Spirituality and Childbirth, Birth Matters, Midwife for Souls, The Soul Midwives' Handbook, Special Delivery, The Thinking Woman's Guide to a Better Birth.
metaphors of the midwife and the dialogue. Part Two unpacks the methodology behind the mechanics. Part Three looks at creative applications of midwifery, and is followed by a Symposium patterned after Plato's own Symposium. A rigorous theory remains at the center of the work, but the tone is poetically balanced enough to invite the transformation of the spiritual director. From the philosophy of Heraclitus to the theology of Kierkegaard to the spiritual direction of Guenther, The Art of Spiritual Midwifery brings forth a comprehensive conception of pastoral care and its delivery.

Margaret Guenther shares with the reader a loving and evocative meditation on the experience of spiritual direction from the perspective of a wise and hospitable spiritual director, who is also a woman, wife, mother, teacher, and priest.

Shares practical recommendations for rendering nursing a mutually beneficial experience, covering topics that range from breast pumps and sleeping arrangements to nursing multiples and returning to work.

A revised and updated edition of the classic handbook for women seeking a safe, organic, eco-friendly, and natural pregnancy, featuring an integrative-based approach with new medical, herbal, and nutritional information. Over the last two decades, The Natural Pregnancy Book has ushered thousands of women through happy and healthy pregnancies. Addressing women's health from conception to birth, Dr. Romm describes herbs that can promote and maintain a healthy pregnancy, and allays such familiar concerns as anxiety, fatigue, morning sickness, and stretch marks. She also discusses the components of a healthy diet, with an emphasis on natural foods. New to this edition is integrative health advice based on Dr. Romm's new credentials as a Yale-trained physician, combined with her twenty years of experience as a midwife and herbalist.

In today's western cultures, the typical pregnancy focuses on the baby to the exclusion of the woman herself, so that the entire experience has become more about preparing for the baby's arrival than looking closely at oneself to prepare emotionally for all of the changes that creating a new life brings. Sacred Pregnancy was written to help the pregnant woman journey within herself to prepare for the birth of her baby. Sacred Pregnancy is a gorgeous four-color book especially created for mothers-to-be to reflect on the many personal milestones of the full gestation period of a pregnancy. With beautiful professional photos that correspond to each topic, Sacred Pregnancy also features a journal space for the pregnant woman to record her thoughts and feelings. Each week the mother-to-be is given information on her baby, her body, and her spirit and is asked to reflect on these via the topic of the week, which touches on a variety of issues such as sexuality, fears about labor, becoming a mother, courage, rite of passage, adornment, body image, mediation, and sisterhood to name a few. Mothers-to-be are invited to look deeply at the issues unique to their journey and find a centered, peaceful place to live their pregnancy fully. Lastly, Sacred Pregnancy includes place for the new mother to record her birth story and a large resource section on various birthing options and supports for pregnant women. “From the spiritual (how to visualize your perfect birth) to the practical (a large section on birthing options), this pregnancy journal is a spiritual adviser and supportive doula all in one.” —Fit Pregnancy magazine For more information, visit the Sacred Pregnancy website.

After twenty years, Stephen Faller shares his journey into seminary and ordained ministry. This book reveals the story of how someone with a lifelong disability, cerebral palsy, might find his way into ministry as a hospital chaplain; there is a certain irony in that. While particular in its own right, this story will speak to anyone in college or graduate school studying one of the many disciplines hoping to make the world a better place. Through narrative and dialogue, Faller engages philosophers and theologians alike. This is an intimate text that seeks to integrate mind, body, and spirit that situates itself more beyond the margins than as marginalized. Just as Faller's own narrative is contextualized by disability, this personal work is contextualized in our polarized and politicized culture, as it considers the meaning of ministry for a contemporary time. His is an embodied text that speaks to a multicultural society, even if that body carries brokenness and even if that society is divided.

All midwives have a professional obligation through the Midwives' Rules to meet the spiritual needs of mothers. This topical and easy to read book will help them. It explains the nature of spiritual care, dispelling the myth that it is only concerned with religion, and explores its role as an integral part of midwifery practice, using case histories as illustrations. The issues relating to educating midwives and students are discussed and suggestions made for course content. Exploration is made of the role of others in giving spiritual care and how the midwife fits in to these present patterns of life. The conclusion of this book provides a resource for potential future research questions.

What you need to know to have the best birth experience for you. Drawing upon her thirty-plus years of experience, Ina May Gaskin, the nation's leading midwife, shares the benefits and joys of natural childbirth by showing women how to trust in the ancient wisdom of their bodies to fulfilling birthing experience. Based on the female-centered Midwifery Model of Care, Ina May's Guide to Natural Childbirth gives expectant mothers comprehensive information on everything from the all-important mind-body connection to how to give birth without technological intervention. Filled with inspiring birth stories and practical advice, this invaluable resource includes: Reducing the pain of labor without drugs—and the miraculous roles touch and massage play • What really happens during labor • Orgasmic birth—making birth pleasurable • Episiotomy—is it really necessary? • Common methods of inducing labor—and which to avoid at all costs • Tips for maximizing your chances of an unmedicated labor and birth • How to avoid postpartum bleeding—and depression • The risks of anesthesia and cesareans—what your doctor doesn't necessarily tell you • The best ways to work with doctors and/or birth care providers • How to create a safe, comfortable environment for birth in any setting, including a hospital • And much more Ina May's Guide to Natural Childbirth takes the fear out of childbirth by restoring women's faith in their own natural power to give birth with more ease, less pain, and less medical intervention.

Providing technical expertise for midwives, nurses and doctors, this book features information on labour, delivery, care of the new baby, and breast-feeding, all from a spiritual perspective.

A much-needed antidote to our modern, assembly-line approach to childbirth, this new book is designed as a guide for all who wish to participate in the wondrous process of bringing new life into the world. Its ideas derive from two sources: the ancient wisdom of Ayurveda, with its emphasis on body, mind, and spirit, and the latest Western scientific prenatal research. By integrating the best information from these two very different perspectives, this remarkable book gives readers the tools to ensure that our children are nourished by thoughts, words, and actions from the very moment of conception. Magical Beginnings, Enchanted Lives is rich in practical information, including strategies to help enliven the body intelligence of unborn babies by nourishing each of their five senses, as well as through Ayurvedically balanced nutrition and eating with awareness. Specific yoga poses and meditation techniques reduce the mother’s stress and improve the infant's emotional environment, as do tips for conscious communication with a partner. Exercises prepare parents for the experience of childbirth itself, followed by natural approaches to dealing with the first weeks of parenting, from healing herbs to enhancing your milk supply to coping with postpartum depression. Inspiring, expansive, and remarkably informative, this unique book from acclaimed experts in mind-body medicine will profoundly enhance the experience of pregnancy and birth for both parents and baby.

An illustrated guide to pregnancy, birth, and postnatal care stressing educated participation and decision making on the parties directly involved in all stages of the childbearing process.

A former nurse chronicles her journey into midwifery, from her dissatisfaction with formulaic delivery room procedures in the 1960s to her eventual career as a "baby catcher," and chronicles her diverse birth experiences, the women she has encountered along the way, and role of midwifery in the United States. Reprint.
Read PDF Spiritual Midwifery

Soul Midwives, a movement begun by Felicity Warner, has changed the face of modern holistic and spiritual palliative care in the UK and abroad. Soul Midwives are holistic and spiritual companions to the dying. They draw on traditional skills, now largely forgotten, applying them to our modern world to ease the passage of those who are dying. Their services are used within people's own homes, in hospices and in care homes. Anyone with an open and compassionate heart and a desire to help others can train to become a Soul Midwife. This book will guide you through the core principles and techniques of this practice.

Renowned for her practice's exemplary results and low intervention rates, Ina May Gaskin has gained international notoriety for promoting natural birth. She is a much-beloved leader of a movement that seeks to stop the hyper-medicalization of birth—which has lead to nearly a third of hospital births in America to be cesarean sections—and renew confidence in a woman's natural ability to birth. Upbeat and informative, Gaskin asserts that the way in which women become mothers is a women's rights issue, and it is perhaps the act that most powerfully exhibits what it is to be instinctually human. Birth Matters is a spirited manifesto showing us how to trust women, value birth, and reconcile modern life with a process as old as our species.

Care in Nursing addresses the fundamental caring principles, values, and skills nurses require to provide sound care to their patients and to meet the challenges of nursing in the future. Exploring essential knowledge and competencies, the authors explore research, evidence and real life practice before outlining practical skills which will empower nurses to deliver quality care. Written by nurses and health professionals from both practice and academia, Care in Nursing explores how care underpins every element of nursing including: patient centred care, cultural diversity, sociology, psychology, communication, partnership working, law and ethics, management and leadership, and more. A specific chapter also addresses how nurses can develop self-care techniques to meet the pressures and demands of a challenging yet ultimately rewarding career. Relevant to nurses in all fields and a diverse range of clinical and non-clinical settings, this is essential reading for nursing students, qualified nurses, mentors, nursing academics as well as nurse managers and leaders.

Featuring international midwives, this book compares the position of midwives in different medical systems, in industrial and developing countries, the problems they face and their future hopes. This book is designed to be of interest to midwives, health workers and to women generally.

This book is the first of its kind, addressing key issues in the teaching and learning of spirituality and spiritual care in the context of nursing and midwifery practice. The content is based on the outcomes of a European-wide project (EPICC) that brought together leading nursing and midwifery educators and practitioners from 21 countries. It highlights the importance of ensuring student nurses' and midwives receive sufficient educational preparation to provide spiritual/person-centred care. In turn, the book puts forward an innovative and creative approach to the teaching of spiritual/person-centred care, based on an evaluation of best practice across Europe. The content and activities presented will enable nursing and midwifery educators to acquire new knowledge/skills for learning about and teaching on the personal, religious and spiritual aspects of person-centred care. Both interactive and engaging, it will equip nursing and midwifery students to holistically address the needs of the people they care for. The book has the potential to transform the nursing and midwifery workforce of the future by ensuring they are prepared to face the global challenges that are impacting international nursing and midwifery practice.

'Marie Louise is a dream come true for any parent with her uncanny ability to simplify the most important and complicated questions' Emma Bunton, co-founder of Kit and Kin Whether you are planning for a baby, just found out you are pregnant or well into your third trimester, this book will help you to feel confident, informed and inspired about your exciting journey ahead. Through years of work with families, Senior Midwife Marie Louise reveals the key things that will make the biggest, most positive difference to you and your baby as you navigate these life-changing months. As well as this, Marie Louise is renowned for bringing complex science to life. You'll discover fascinating facts that underpin every element of your pregnancy and your baby will go through, including - How your nervous system is synced with your baby - How baby already knows a lot about you when they are born - The unique process your baby goes through to pass through the birth canal and how you work together in labour - Incredible facts about breast milk - Packed with the most up-to-date findings and expert insights, you'll find everything you need to prepare for motherhood and, most importantly, understand and appreciate just how amazing you and your baby both are!

Liz Hoare’s list of twelve great spiritual writers includes famous and lesser known women whose writings have touched her heart, illuminated her mind, and sharpened her spiritual vision. Liz believes they can do the same for you – which is why she has written this book. Each of these great writers – novelists, poets, preachers, philosophers and theologians – contributes something special to our understanding of the spiritual life today. With key extracts from each writer’s best-loved books, and with suggestions for personal reflection or group discussion, here is an exceptionally rich resource that you will want to return to time and time again, wherever you may be on your journey. Contents 1. Kathleen Norris: Everyday Mysteries 2. Alison Morgan: Following Jesus 3. Ann Lewin: Watching for the Kingfisher 4. Sarah Clarkson: For the love of books 5. Annie Dillard: The world is charged with the grandeur of God 6. Margaret Guenther: Spiritual Midwifery 7. Margaret Magdalen: Avoiding mediocrity 8. Benedicta Ward: With all the saints 9. Marilynne Robinson: The givenness of things 10. Barbara Brown Taylor: Struggling with church 11. Ann Lamott: Life in forgiveness school 12. Mary Oliver: Listening convivially to the world

"This classic work on the spirituality of caring for the dying is now expanded with moving stories and lessons gleaned from the author's experience as a hospice nurse. Caregivers, friends, and family members often feel unsure of how to say or do as they care for the terminally ill. Midwife for Souls provides insight, showing how the support of one’s Catholic faith and the power of prayer can guide one in ministering to a dying person.

Written in a style that is poetic and beautiful, practical and credible, this book is essential reading for anyone who accompanies others to the edge of life?and helps in their birthing to eternal life?" --Page 4 of cover.

Midwives support women during the reproductive period of their lives. Dimensions of midwifery work include, in addition to the physiological aspect, psychological and spiritual issues. Midwifery activities mean involvement in the most intimate sphere of clients’ lives. Women’s perceptions of partnership, sexuality, pregnancy and birth are affected by their personal experiences and by the culture they live in. The same factors also influence the midwives’ perception of these issues. It is therefore crucial for the midwives to be aware of certain areas of their work that have a sexual inclination and clarify their own eventual prejudices regarding sexuality, since these can affect their provision of holistic, individual and competent care to women and their families. This book deals with different aspects of sexuality that can have an influence on everyday midwifery work. It might also be of interest to different groups of people - midwives in clinical settings, midwifery educators, midwifery students and other health professionals who manage women during the reproductive period.

A memoir of a young midwife practicing in the wilds of New Hampshire who trained with a wonderful old country doctor, fell in love with her obstetrician back-up, and ultimately became a national leader in the struggle to reclaim the profession of midwifery in the United States. A story of love, loss and deep dedication to birthing women.

From 1950 until 2001, Lovie Beard Shelton practiced midwifery in eastern North Carolina homes, delivering some 4,000 babies to black, white, Mennonite, and hippie women; to those too poor to afford a hospital birth; and to a few rich enough to have any kind of delivery they pleased. Her life, which was about giving life, was conspicuously marked by loss, including the untimely death of her husband and the murder of her son. Lovie is a provocative chronicle of Shelton’s life and work, which spanned enormous changes in midwifery and in the ways women give birth. In this artful exploration of documentary fieldwork, Lisa Yarger confronts the choices involved in producing an authentic portrait of a woman who is at once lonely and self-styled folk hero. Fully embracing the difficulties of telling a true story, Yarger is able to get at the story of telling the story. As Lovie
describes her calling, we meet a woman who sees herself working in partnership with God and who must wrestle with the question of what happens when a woman who has devoted her life to service, to doing God’s work, ages out of usefulness. When I’m no longer a midwife, who am I? Facing retirement and a host of health issues, Lovie attempts to fit together the jagged pieces of her life as she prepares for one final home birth.

Renowned for her practice’s exemplary results and low intervention rates, Ina May Gaskin has gained international notoriety for promoting natural birth. She is a much-beloved leader of a movement that seeks to stop the hyper-medicalization of birth—which has lead to nearly a third of hospital births in America to cesarean sections—and renew confidence in a woman’s natural ability to birth. Upbeat and informative, Gaskin asserts that the way in which women become mothers is a women’s rights issue, and it is perhaps the act that most powerfully exhibits what it is to be instinctually human. Birth Matters is a spirited manifesto showing us how to trust women, value birth, and reconcile modern life with a process as old as our species.

Midwives and other healthcare providers are grappling with the issue of rising intervention rates in childbirth and trying to identify ways to reverse the trend. It is increasingly accepted that intervention in childbirth has long-term consequences for women and their children. Birth Territory provides practical, evidence-based ideas for restructuring the birth territory to facilitate normal birth. Links new research findings to birth environments and outcomes. Describes the elements of an ideal birthing environment. Suggests how to modify existing maternity services to achieve optimal results. Investigates the links between the experiences of women and babies, and outcomes. Explores the effects of legal and socio-political factors.

Offers a guide to the entire pregnancy, birth, and parenting experience, covering the latest information on having and caring for a baby, from what not to eat, drink, take, or do during gestation, to childbirth options and coping with postpartum emotions.

The classic book on home birth. Stories of the experiences of parents and midwives during the birth process plus a technical manual for midwives, nurses, and doctors. Includes information on prenatal care and nutrition, labor, delivery techniques, care of the new baby, and breast-feeding.

Midwifery across the globe faces different issues. In some countries the autonomy of the profession is a tradition, while in some societies midwives struggle to practice autonomously the basic competencies. In one part of the world the medicalisation of childbirth is the main issue, preventing the natural processes of pregnancy and childbirth to flow at their own pace, while in other parts of the world midwives struggle with lack of resources to provide safe midwifery care. The authors of this book practice midwifery in different cultures and within different social contexts. They have to deal with different obstacles and seek solutions to diverse problems. With their contributions, they offer an insight into their thinking, their dilemmas, and the problems of midwifery practices in their countries. However, despite different backgrounds, they all have in common a uniform goal - a wish to offer women optimal midwifery care and to improve midwifery services.

What comes after reflective listening? What comes after the ministry of presence? Spiritual midwifery is a powerful framework for offering pastoral care in today’s fast-paced environment. Midwifery offers ways of thinking about those who are served, the work itself, and what it means to be a clinical caregiver within the tradition of the care of souls. Spiritual midwifery has philosophical and spiritual roots that stem from the earliest seeds of Western thought, even back to Jesus and Socrates. Readers will find an inductive approach toward a conceptual model that offers insight for richer assessments and outcome-oriented goals of care. Part One sets out the metaphors of the midwife and the dialogue. Part Two unpacks the methodology behind the mechanics. Part Three looks at creative applications of midwifery, and is followed by a Symposium patterned after Plato's own Symposium. A rigorous theory remains at the center of the work, but the tone is poetically balanced enough to invite the transformation of the spiritual caregiver. From the philosophy of Heraclitus to the theology of Kierkegaard to the spiritual direction of Guenther, The Art of Spiritual Midwifery brings forth a comprehensive conception of pastoral care and its delivery. """"This amazing book . . . gives voice to 'articles of faith' that belong to all positive transformative endeavors related to human: spiritual, educational, parental, aesthetic, imaginative, ethical, societal, and more. Faller's conceptualization of midwifery goes deep without invoking a transfer of knowledge, but rather the skillful facilitation of the individual's own journey toward embracing meaning."

—Charla Hayden, Vice President, A. K. Rice Institute for the Study of Social Systems, Portland, OR """"Stephen Faller's new book . . . introduces us to the practice of spiritual midwifery in a way that restores it to its proper place, not as an historical spiritual activity that has 'had its day' but as an important and fascinating spiritual practice that has much relevance for how we seek to birth contemporary Christian spirituality. . . . In opening up this fascinating aspect of the care of souls Faller provides deep and captivating insights that have real potential for contemporary pastoral care."""" —John Swinton, Chair in Divinity and Religious Studies, University of Aberdeen

Stephen Faller is a board certified chaplain and a Clinical Pastoral Education Supervisor as a Diplomate of the College of Pastoral Supervision and Psychotherapy in Hopewell, New Jersey. He is ordained in the United Methodist Church. He is the author of Beyond the Matrix (2004) and Reality TV (2009). He has a master of divinity from Duke Divinity School and a master of theology from Princeton Theological Seminary.

Copyright code : 03a591d6015a0f29bae45f1521542a904