The Ministry of Thin takes a controversial, unflinching look at how the modern, international obsession with weight loss, youth, beauty, and perfection has spun out of control. Emma Woolf, author of An Apple a Day, explores how we might all be able to stop hating and start liking our own bodies again. She rallies against the industries of food, health, exercise, beauty, sex, and surgery that seek to create a world that verges on the Orwellian — with the victims of this onslaught trapped and dominated by the societal pressures to conform. And she dares to ask: if losing weight is the answer, what is the question?

Object Lessons is a series of short, beautifully designed books about the hidden lives of ordinary things. Fetishized, demonized, celebrated, and outlawed, the high heel is central to the iconography of modern womanhood. But are high heels good? Are they feminist? What does it mean for a woman (or, for that matter, a man) to choose to wear them? Meditating on the labyrinthine nature of sexual identity and the performance of gender, High Heel moves from film to fairytale, from foot binding to feminism, and from the golden ratio to glam rock. Summer Brennan considers this most provocative of fashion accessories as a
Read Free Spike Heels

The essays in this book are a collection of thought-provoking and insightful writing. They explore various themes such as family, culture, personal challenges, and the role of technology in our lives. The author, Scott Russell Sanders, delves into his own experiences and perspectives, providing a unique and personal insight into the human condition. Throughout the book, readers are encouraged to reflect on their own lives and the broader implications of the issues discussed.

In Object Lessons, Sanders examines his Midwestern background, his father's drinking, his opposition to war, his literary inheritance, and his feeling for wildness. He also tackles such vital issues as the disruption of Earth's climate, the impact of technology, the mystique of money, the ideology of consumerism, and the meaning of sustainability. The essays ask perennial questions: What is a good life? How do family and culture shape a person's character? How should we treat one another and the Earth? What is our role in the cosmos? Readers and writers alike will find wisdom and inspiration in Sanders's luminous and thought-provoking prose.

The book features more than three hundred thousand synonyms and ten thousand antonyms, as well as nearly two hundred collections of nouns to add detail to writing and quick guides to easily confused words. It is a valuable resource for anyone seeking to improve their writing skills.

Just add coffee and sigh! This "Indie Excellence Award" winning book is the second collection of inspiring and empowering essays by author Mary T. Wagner, and adds accents of lovely nature photos to a tour of ordinary moments viewed with extraordinary grace. Whether reflecting on the view from the side of a dormant volcano or enjoying the cleansing effect of a good bonfire after a post-divorce garage cleaning, these essays again conjure what one reviewer called "life writing at its best." Following in the spike-heeled footsteps of Wagner's critically acclaimed debut essay collection, "Running with Stilettos," this amusing, touching and remarkable collection weaves tales of humor and heartbreak, triumph and tragedy. Wagner brings her readers along as she savors the view from the back seat of a Harley, reflects on the maternal importance of "theme" cupcakes, finally gets back on a horse after a life-changing riding accident, and keeps a vigil by her father's deathbed. Among the award-winning essays contained in this collection are "Love in the Time of Cupcakes" and "May It Please the Court," both of which were finalists in Florida's Royal Palm Literary Awards competition. "May It Please the Court" tells of the author's inspiring journey from stay-at-home soccer mom to arguing cases before the state supreme court…after an accident that put her in a body cast for three months. "Home Fires Burning" is a reflection on the spiritually cleansing effect of a good bonfire after a post-divorce garage cleaning, while "Magic Words" describes the transforming effect of the author uttering the words "I'm the mother of the bride!" to department store clerks.

WHAT OTHER AUTHORS HAVE TO SAY

"Whether coping with aging parents or a new-found love, Mary Wagner brings wit and candor to stories that are universal in their appeal and revealing in their honesty."—Paul Salsini, author, THE CIELO and SPARROW'S REVENGE

"Watch outMary T. Wagner will pin you right where you sit with her stilettos until you read all of her wonderful essays—and you won't even mind the heel marks!"—Kris Radish, author, THE SHORTEST DISTANCE BETWEEN TWO WOMEN, DANCING NAKED AT THE EDGE OF DAWN, and others

"Mary Wagner writes beautifully about all the large and small things that make our lives memorable. From the mundane to the major, her meticulously worded prose places the reader at her side and into her thoughts on her journey as a mother, attorney, journalist and all those other roles that she and each of us assume as we wend our way through life. A great read!" —William Rawlings, author,
Read Free Spike Heels

Mary's stories are thought provoking and entertaining. You feel the life in her words as you're reading them.—Gracie Hill, author, WHERE THE BROTHERS AT? and SORROWS OF THE HEART

Both funny and touching, "Heck on Heels" is a wonderful slice of Midwestern life.—Maureen Lipinski, author, A BUMP IN THE ROAD: From Happy Hour to Baby Shower

INDIE EXCELLENCE AWARD winner for "Inspiration" Just add coffee and sigh! Adding a portfolio of her stunning nature photos to her second collection of award-winning and inspiring essays, author Mary T. Wagner again takes her readers on a tour of ordinary moments viewed with extraordinary grace. Whether reflecting on the view from the steep side of a dormant volcano or enjoying the cleansing effect of a good bonfire after a post-divorce garage cleaning, these essays conjure what one reviewer called "life writing at its best..

Following in the spike-heeled footsteps of Wagner's critically acclaimed debut essay collection, "Running with Stilettos," this amusing, touching and heartfelt collection of inspiring and empowering essays unfolds in a voice described as "bed time tales for grownups" and "the Midwest's answer to Carrie Bradshaw." Wagner (once a journalist and now a prosecuting attorney) writes for the modern woman who deftly juggles career, family, love and chocolate all at once and still sees the whole stack come crashing down from time to time. Weaving tales of humor and heartbreak, triumph and tragedy, Wagner brings her readers along as she savors the post-divorce view from the back seat of a Harley, reflects on the maternal importance of "theme" cupcakes, gets back on a horse after a terrible, life-changing riding accident, and keeps a vigil by her father's deathbed. She also shares her inspiring journey from stay-at-home soccer mom to arguing cases before the state supreme court after an accident that put her in a body cast for three months. For every busy woman who's asked herself "is there one more goal I can shoot for?.. and then answered "YES!!"

A Study Guide for Theresa Rebeck's "Spike Heels," excerpted from Gale's acclaimed Drama For Students. This concise study guide includes plot summary; character analysis; author biography; study questions; historical context; suggestions for further reading; and much more. For any literature project, trust Drama For Students for all of your research needs.

THE STORY: An actor (in this case the author himself) faces an audience and, with unfailing wit and humor, tells all about what it is like to pursue an acting career in the challenging and often discouraging environs of New York and Hollywood.

Victor Burgin examines a kaleidoscope of film fragments drawn from a variety of media as well as the Internet, memory and fantasy. Among these are sequences of such brevity they might almost be stills. Such 'sequence-images', as Burgin calls them, are neither strictly 'image' nor 'image-sequence' and have not been addressed hitherto either by film or photography theory. He considers these through some typical individual experiences - reflecting on such disparate occurrences as the association in memory of fragments from otherwise unrelated films, of the relation of a recollected film image to an architectural setting, or of feeling 'marked' by an image remembered from a film.
Read Free Spike Heels

A devilishly satirical book, a bona fide shoe-ologist—a girl who's studied footwear since grammar school—reveals just how much your shoes are saying. Thought your four-inch heel said "tall?" Think twice. Thought you were the only one aware of your man-made uppers? Guess again. Chances are your shoes have been clueing your friends and co-workers into much more than you thought. Here's what Karn has to say about just a few of your footwear choices: Do you prefer the Strappy Red Satin? "In the office this is a dead giveaway. You want to be anywhere but where you are. Preferably with some tall, dark, and handsome man or with friends that make you laugh so hard you snort." Or perhaps you're more of a Skin It and Make It Beg type. "There's something sensibly terrifying about you. You're impeccable in your power couture. Cynicism is your native tongue." Neither of these ring a bell for you? Maybe it's because you're more of a Woven Wanderlust girl. "You live in the suburbs and have a pair of these to match every twin set you own. The most excitement you see is when a PTA meeting gets rowdy over whether brownies are acceptable for the annual Cookies-a-Yum-Yum bake sale." Still nothing? Don't worry--with tons of styles grouped into fun categories like Heels: The Holy Grail, Scandals of Sandals, The Sporty Sorts, and Bad Shoes Happen, it'll be hard not to find the perfect fit. With so many options, Shoe-ology is a veritable department store of choices. A perfect gift for yourself and girlfriends, buy it by the pair!

Masterful storytelling gripping legal drama relentless suspense — these are the hallmarks of Perri O'Shaughnessy's work. Critics hail her legal thrillers as "terrific will keep you turning the pages into the night" (USA Today) and "a real puzzler with twists diabolical enough to take to court" (The New York Times Book Review). Now the New York Times bestselling author of Move to Strike returns with Writ of Execution, an electrifying tale that plunges attorney Nina Reilly into a shadowy world of high-stakes money and cold-blooded murder. In the mountain resort town of South Lake Tahoe, Nina Reilly is known for taking on the underdog cases, the kind that can make -- or break -- her one-woman law practice. Her latest case begins in the middle of a summer night when she is called away from a very personal visit to her investigator Paul van Wagoner's hotel room to meet with a desperate new client at her office who gives her name as Jessie Potter. The frightened young woman has just hit a huge slot machine jackpot, and the men in suits are waiting to hand her the check just as soon as she tells them her real identity. With time running out, Nina helps her client devise a brilliant plan to collect the money while keeping her true identity a secret. Unfortunately, powerful interests have lined up to grab the money. The gaming commission thinks the jackpot was rigged. The man sitting on the seat just before the jackpot hit says it's his, and he doesn't mind going outside the law to get it. And the wealthy man stalking Nina's client has retained an unscrupulous local lawyer, Jeff Riesner, to attack the jackpot winnings using a legal maneuver called a Writ of Execution. The odds of Jessie ever collecting are starting to look hopeless. For Nina, what began as a fight for an underdog in federal court soon escalates into something very different and far more dangerous. Jessie has a secret, and she needs that money for a very good reason. By the time Nina discovers that Jessie is withholding vital information, it might be too late for her client and even for Nina herself. Because somewhere in the darkening Tahoe night, people are dying. A cold-blooded, obsessed killer will stop at nothing -- including execution-style murder -- to get that jackpot in a case where the Writ of Execution has become more than a legal maneuver; it's a death warrant. Sweeping from the glittering casinos of Tahoe to the drama of a packed courtroom to the darkness of a woman's secret past, Writ of Execution is spellbinding entertainment -- Perri O'Shaughnessy's most intricate and compelling novel to date.

A Study Guide for Theresa Rebeck's "Spike Heels," excerpted from Gale's acclaimed Drama For Students. This concise study guide includes plot summary; character analysis; author
Read Free Spike Heels

...
Read Free Spike Heels

Defining our city, the magazine informs, challenges, and entertains our readers each month while helping them make intelligent choices, not only about what they do and where they go, but what they think about matters of importance to the community and the region.

This study of pornographic magazine photographs—softcore, hardcore, transsexual/transvestite—analyzes the visual code of these images. It engages questions about masculinity and masculine sexuality such as: Is there a necessary relation between difference and phallic desire? Can the masculine subject imagine otherness? Is there a will-to-asceticism in this (masculine) sexual surrender to indifferentiation?

Spanning more than five hundred years of theater history, a comprehensive compilation of scenes and monologues for actors and theater students includes classic Shakespearean texts, Restoration dramas, and other works by Beth Henley, Terrence McNally, Paula Vogel, Eve Ensler, Christopher Durang, Donald Margulies, Jeffrey Sweete, and other noted playwrights. Original. 20,000 first printing.

This book discusses when one should not wear high heels, toenail care, how to shop for high heels, getting the proper fit, shoe uppers, shoe soles, straps, boots, mules, slippers, loose-fitting sandals, ground surfaces, foot cushions, platform soles, toe types, heel types, measuring heel height, mid-heels, high heels including super high 6 and 7 inch heels, shoe styles, how to prepare new shoes, what to do with shoes that do not fit, how long one can wear high heels, caring for shoes, maintaining health, and old age. There are also chapters about foot arches, Achilles tendons, calf muscles, walking, and much, much more. This book can be invaluable to devoted high heel wearers, as well as beginners.

The third volume of The Cambridge History of the Gothic is the first book to provide an in-depth history of Gothic literature, film, television and culture in the twentieth and twenty-first centuries (c. 1896-present). Identifying key historical shifts from the birth of film to the threat of apocalypse, leading international scholars offer comprehensive coverage of the ideas, events, movements and contexts that shaped the Gothic as it entered a dynamic period of diversification across all forms of media. Twenty-three chapters plus an extended introduction provide in-depth accounts of topics including Modernism, war, postcolonialism, psychoanalysis, counterculture, feminism, AIDS, neo-liberalism, globalisation, multiculturalism, the war on terror and environmental crisis. Provocative and cutting edge, this will be an essential reference volume for anyone studying modern and contemporary Gothic culture.

Award-winning journalist Froma Harrop believes in America but doesn't view it through rose-colored glasses. While Americans value equality, opportunity and justice, they also value profit and tradition. The key to solving our country's and planet's most urgent problems, therefore, is almost always reasonable progress, not someone's idea of perfection. Harrop dissects issues with straight talk and a fresh perspective, always pointing to the bigger picture and asking us to pay attention to what's really worth fighting for: Democrats should've passed on the national obsession that was impeachment and gone for the prize: replacing President Donald Trump. Feeding innovation is better than banning fossil fuels. Time's up for mandatory high heels in the workplace, but the tide will only turn if the fashion world decides so, and if more women demand comfort in their footwear. Read Harrop's takes on headlines from A to Z in this collection of her syndicated columns.
Read Free Spike Heels

She’s a city girl. I’m a mountain man. This shouldn’t work. So why can’t I stay away?

Gabe: I promised my dad I’d take care of the Wilder family adventure business, including my rowdy co-workers, AKA my brothers. Now the business is in trouble. Rush Creek has become a spa-and-wedding destination, and the new tourists aren’t interested in getting dirty—at least not in the woods. Then Lucy comes to town, all blond hair and silky blouses and spike heels. It’s her job to give Wilder Adventures a makeover. If she gets her way, Wilder Adventures will become Wilder Romantic Adventures. Lucy hates small towns, getting messy, and anything involving the woods or the water—which pretty much makes her Not My Type. That doesn’t explain why when I see her, I can’t look away. Why when I touch her, I can’t stop. And why, even though I know no one can talk a city girl into small town life, I’m still trying. She’s driving me wild. All I can do is make her wilder.

"Absolutely loved the story! ♥" —@Bookstley on Instagram
"Stayed up so late to read this book last night but it was sooooo worth it." —@torlynnreads on Instagram ★★★★★

"Absolutely love this book!" —Goodreads reviewer ★★★★★ "This book sizzles right from the start! I lost track of how many times I genuinely laughed out loud." —Goodreads reviewer ★★★★★ "Humor, steam, and a whole lot of heart." —Misty, Reds Romance Reviews ★★★★★ "Wow! There aren’t words to describe how this book made me feel." —Goodreads reviewer ★★★★★ "Funny, romantic and wonderful characters!" —Goodreads reviewer ★★★★★ "I really, really love this book! Just the right amount of humor, angst and sex with a perfect HEA." —NetGalley reviewer

Keywords: enemies to lovers, small town, alpha hero, band of brothers, fish out of water, opposites attract, outdoor adventure, steamy, fun, funny, romantic comedy, steamy contemporary, laugh out loud, found family, friends and family, steamy romance, contemporary romance, romance series, small town romance

Hundreds of authentic images reflect a mood of economic austerity. Over 130 fully illustrated pages from Sears catalogs offer historically accurate pictures of what men, women, and children wore throughout the decade.

LIFE Magazine is the treasured photographic magazine that chronicled the 20th Century. It now lives on at LIFE.com, the largest, most amazing collection of professional photography on the internet. Users can browse, search and view photos of today’s people and events. They have free access to share, print and post images for personal use.

Copyright code : 94cba658db678794ca1a86ba9835ffd7
Copyright : teknicgear.com